

Vegetables	Spring	Summer	Autumn	Winter
Globe Artichokes	Italy / Spain	France	France	Italy / Egypt
Jerusalem Artichokes			UK	UK
Asparagus	Spain / Italy	UK	S. Africa / Argentina	S. Africa
Aubergine	Holland	UK	Holland	Spain
Broad Beans	Spain / France	UK		Spain
French Beans	Egypt	Egypt / UK	Egypt	Egypt
Runner Beans		UK	UK	
Beetroot	Holland	UK	UK	Holland / Italy
Beetroot - cooked	UK	UK	UK	UK
Broccoli	Spain / Italy	UK	UK	Italy / Spain
Purple Sprouting Broccoli	Spain			UK
Brussel Sprouts			UK	UK
Green Cabbages	Italy	UK	UK	UK / France
Cavalo Nero		UK	UK	UK
Pointed Cabbage	Spain	UK	UK	
Spring Greens	UK	UK	UK	UK
Red Cabbage	Holland	UK	UK	Holland / UK
White Cabbage	Holland	UK	UK	Holland / UK
Carrots	Italy / Spain	UK	UK	UK
Bunched Carrots	Spain	UK	UK	Italy
Rainbow Carrots			UK	UK
Chantenay Carrots		France	UK	UK
Cauliflower	UK / France	UK	UK	UK / France
Celeriac		France	Holland / UK	Holland
Celery	Spain	UK	UK	Spain / Italy
Swiss Chard	Italy / France	UK	UK	Italy
Rainbow Chard		UK	UK	
Chicory	Holland	Holland	Holland	Holland
Chinese Leaf	Spain	Holland	UK	Holland / Israel
Courgette	Spain / Italy	UK	UK / Spain / Italy	Spain / Italy
Cucumbers	Holland	Holland / UK	Holland / UK	Holland / Spain
Mini Cucumbers	Egypt	UK	UK	Egypt
Fennel	Italy / Spain	Italy / Holland	Italy / Holland	Italy / Spain
Garlic	Europe / Argentina	Spain / France	Spain / France	Europe
Fresh Garlic	Egypt	Spain / France		
Ginger	China	China / Brazil	China / Brazil	China
Kale			UK	UK
Khol Rabi	Spain	UK	UK / Holland	Italy
Leeks	Europe	UK	UK	UK / Holland
Lettuce - Batavia, Oakleaf	France	UK	UK	France
Lettuce - Romaine (Cos)	France	UK	UK	France
Lettuce - Iceberg	Spain	UK	UK	Spain
Lettuce - Little Gem	Spain	UK	UK	Spain
Radicchio	Italy	UK	UK	Italy
Rocket	Italy	Italy / UK	Italy / UK	Italy
Marrow		UK	UK	Italy
Mouli		Holland	Holland	Italy / France
Mushrooms - brown, white	UK	UK	UK	UK
Mushrooms - Portobello	UK	UK	UK	UK
Onions - red	Holland / Argentina	Argentina / Europe	UK	Holland
Onions - white	Holland / Argentina	Argentina / Europe	UK	Holland
Onions - Spring	Egypt	Egypt	Egypt	Egypt
Pak Choi	UK	UK	Holland	France
Parsnips	Holland	Spain	UK	UK
Peas - Mangetout	Egypt	Egypt / UK	Egypt	Egypt
Garden Peas	Spain / France	France / UK	Morocco	Spain
Chillis	Egypt	Holland	Holland / UK	Egypt
Peppers - green	Holland	Holland / UK	Holland / UK	Spain / Italy / Egypt
Peppers - red, yellow, orange	Holland	Holland / UK	Holland / UK	Spain / Israel
Potatoes	Italy / Spain		UK	UK
New Potatoes	Italy / Spain	UK		Italy
Sweet Potatoes	Israel	Egypt / USA	Israel	Israel
Pumpkin			UK	
Radish	Holland	Holland	Holland	Holland
Shallots	France		France / Holland	France
Spinach	France	UK	UK	France / Italy
Baby Spinach	Italy	UK	Italy / UK	Italy
Squash - Butternut	Argentina	S.Africa	France / Spain / Italy	Spain / Italy
Squash - Red Kuri	Holland / Argentina		UK / Holland	Holland
Squash - Green Hokaido	Holland		UK / Holland	Holland
Squash - mixed		UK / Holland	UK / Holland	
Swede	UK	Holland	UK	UK
Sweetcorn	Morocco / Israel	Spain / France	UK	Thailand
Sweetcorn - vacpack	Holland	Holland	Holland	Holland
Tomatoes	Holland / Italy	Holland / Italy / UK	Holland / Italy / UK	Israel / Spain
Vine Tomatoes	Holland / Italy	Holland / Italy	Holland / Italy	Israel / Spain
Cherry Tomatoes	Italy / Holland	UK / Holland	UK / Israel	Israel / Italy / Spain
Turnips - violet	Europe	France	UK	Europe
Turnips - green			UK	UK
Watercress	UK	UK	UK	UK

Sprouts	Spring	Summer	Autumn	Winter
Alfalfa	UK	UK	UK	UK
Alfalfa & Broccoli	UK	UK	UK	UK
Mung Bean	UK	UK	UK	UK
Mixed Bean	UK	UK	UK	UK
Sunflower Salad	UK	UK	UK	UK
Wheatgrass	UK	UK	UK	UK

Herbs	Spring	Summer	Autumn	Winter
Basil	Israel	UK	Israel	Israel
Coriander	Israel	UK	Israel	Israel
Dill	Israel	UK	Israel	Israel
Marjoram	Israel	UK	Israel	Israel
Mint	Israel	UK	Israel	Israel
Oregano	Israel	UK	Israel	Israel
Parsley	Israel	UK	Israel	Israel
Rosemary	Israel	UK	Israel	Israel
Sage	Israel	UK	Israel	Israel
Thyme	Israel	UK	Israel	Israel
Potted Herbs	UK	UK	UK	UK

Fruit	Spring	Summer	Autumn	Winter
Apples	USA, Argentina, NZ	New Zealand	UK, Europe	UK, Europe, USA
Cooking Apples			UK	
Apricots	Europe	Europe		
Avocado	Mexico	S. Africa	S. Africa	Israel
Bananas	West Indies	West Indies	West Indies	West Indies
Blueberries		UK / France		
Cherries		Europe		Argentina
Clementines		S. Africa	Europe	Europe
Coconuts	Dominican Republic	Dominican Republic	Dominican Republic	Dominican Republic
Cranberries				Canada / Holland
Dates	USA	USA	USA	USA
Figs		Spain	France	Argentina
Grapefruit	Israel	S. Africa	Italy	Israel, Spain
Grapes	S. Africa	Europe	Europe	Argentina / S. Africa
Kiwi	Italy	New Zealand	New Zealand	Italy / France
Golden Kiwi		New Zealand		
Lemons	Italy / Spain	S. Africa	S. Africa	Italy / Spain / Turkey
Limes	Dominican Republic	Dominican Republic	Mexico	Dominican Republic
Mandarins		S. Africa		Italy Spain
Mangoes	Dominican Republic	Dom Rep / Spain	Ecuador / Israel	Brazil
Melon - Galia	Egypt	Spain	Spain	Egypt / Brazil
Melon - Honeydew		Spain / Italy	Spain	Brazil
Melon - Charantais		France	France	
Watermelon		Europe	Europe	Brazil
Nectarines		Europe		S. Africa
Nuts, whole				Europe
Oranges	Europe	S. Africa	Europe	Europe
Blood Oranges	Italy	S. Africa		Italy
Marmalade Oranges				Spain / Italy
Papaya	Africa / Brazil	Africa	Africa	Africa
Passion Fruit	Africa			Africa
Peaches	S. Africa	Europe	Europe	
Pears	Europe / Argentina	Argentina / NZ	Europe	Europe
Pineapple	Africa	Africa	Africa	Africa
Plums	Argentina	Spain / France	Italy / Spain	Spain
Pomegranate			Spain	Spain
Quince			Spain	Spain
Raspberry		UK	UK	Spain
Rhubarb	UK / Holland	UK / Holland		
Satsumas		S. Africa	Italy	Spain
Strawberry	Egypt / Spain	UK	UK	Egypt / Spain

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